



## Stool Collection Instructions

Please review all instructions and collection kit components before starting your sample collection. Please avoid taking aspirin for two days prior to collecting sample. DO NOT discontinue taking prescription medications unless directed by your physician.

### Kit components

- Cardboard Kit box
- Test Request form
- 1- Collection tray
- 1- Yellow capped vial
- 1- Zip lock Specimen bag
- 2- Gloves
- 1- Absorbent material
- 1- FedEx Clinical Pak mailer

If you are missing any of the needed components or have questions about the collection please call the Diagnostic Solutions Lab Customer Services department at 877-485-5336.

**\*\***Avoid contact with skin and eyes to the specimen vial fluid. If you do get fluid in your eyes, flush eyes with water for 15 minutes. If your skin comes in contact wash with soap and water. If ingested please contact a physician.

## Collection instructions

**Step 1** – Please write the patients name and date of birth on the yellow capped vial.

**Step 2** – If possible void urine prior to collecting stool. Collect stool by passing stool onto Collection tray.

**Step 3** – Using the spoon attached to the cap of the yellow vial, spoon stool from different areas of the sample into the vial. Fill vial to the red fill line. Just over half full.

**Step 4** – Carefully mix stool and fluid with the spoon. Replace cap tightly and shake vial vigorously for 30 seconds.

**Step 5** – Place Yellow cap vial into ziplock specimen bag along with absorbent pad. Seal the bag. Place the specimen bag with the sample vial into the kit box.

**Step 6** - Fill out the **Test Request Form** completely. Be sure to write the date of sample collection in the Patient section of the form. Payment type must be completed with payment included to process sample. Place Test Request Form into the box with the sample.

**\*\*If you cannot ship the specimen on the day of collection please refrigerate the sample by placing the box containing the sample into the refrigerator.**

## Shipping Instructions

**Before** shipping be sure that the Yellow cap vial and the Test Request Form are labeled and completely filled out including payment. Be sure the sample vial sealed in the ziplock bag and that the Test Request Form are in the Kit box.

**Locate** the FedEx Clinical Pak mailer. Fill in your name and address on the shipping label attached to the outside of mailer.

**Place** kit box into FedEx Clinical Pak. Remove strip to reveal sticky film and press both sides of mailer together to seal the pouch.

**Call** FedEx to schedule a pick-up. Dial 1-800-238-5355. When the automated greeting begins say **“Rep”**. When asked if you are shipping a package say **“Yes”**. A live person will then answer to help schedule your pickup. Let them know you are shipping using a **Billable Stamp**.